Type 2 diabetes

Have any of your relatives been diagnosed with type 2 diabetes?

If you checked more than 1 relative <u>you</u> are at increased risk of type 2 diabetes.

Second degree relatives

☐ Grandfather(s)

Grandmother(s)

☐ Aunt(s)

☐ Uncles(s)

☐ Nieces(s)

☐ Nephew(s)

If you checked more than 2 relatives you are at increased risk of type 2 diabetes.

Heart Disease

Have any of your relatives been diagnosed with heart disease?

First degree relatives __ Mother

☐ Father

☐ Sister(s)

☐ Brother(s)

☐ Daughter(s)

 \square Son(s)

If you checked more than 1 relative <u>you</u> are at increased risk of heart disease.

Second degree relatives Grandmother(s)

☐ Grandfather(s)

☐ Aunt(s)

☐ Uncles(s)

☐ Nieces(s)

☐ Nephew(s)

If you checked more than 2 relatives <u>you</u> are at increased risk of heart disease.



Sharing
Health Assessment and
Risk Evaluation

Risk checklist and calculator

For _____



Prostate cancer Breast cancer

Colorectal Cancer

diagnosed with colorectal cancer?

Have any of your relatives been

diagnosed with prostate cancer? Have any of your relatives been

(s)uos \square

are at increased risk of prostate cancer.

If you checked more than 2 relatives you

relatives

degree

Second

☐ Mephew(s)

Crandfather(s)

☐ Uncles(s)

are at increased risk of prostate cancer.

If you checked more than I relative you

diagnosed with breast cancer? Have any of your relatives been

relatives ☐ Brother(s) (s) Sandfather(s) degree Tather | □ Father First

□ Brother(s)

(s)ələu

☐ Nephew(s)

are at increased risk of breast cancer. If you checked more than 2 relatives you

(s)səsəiM 🗌 relatives (s)JunA (s)səsəiM 🗌 degree Crandmother(s) Second ☐ Uncles(s) are at increased risk of breast cancer. (s) Terandfather(s) If you checked more than I relative you (s) Grandmother(s) (s) net discontinuity and continuity relatives (s) reter(s) degree □ Mother First are at increased risk of colorectal cancer. are at increased risk of breast cancer. If you checked more than I relative you If you checked more than I relative you (s)uos □ Daughter(s)

relatives

Male

☐ Mephew(s)

are at increased risk of colorectal cancer. If you checked more than 2 relatives you

(s)JunA 🗌

(s)uos \square

☐ Brother(s)

(s)nətsi2

Tather |

nether |

relatives

degree

Second

relatives

degree

First